

Jason Maraschiello

Example of Speech Breakdown

Topic:

“Calm in the Storm”

Message:

Stress is all around us and affects us all in many different ways. By taking a bit of time out of your day to breathe, and to consciously relax your mind, you can reduce stress, improve your memory, heighten your focus, reduce depression, and improve your general health.

Desired Outcome:

To introduce the audience to the potentials of inducing intentional calm, and to give everyone the simple tools to do it themselves. We will also go over the power that music has in aiding us through these exercises.

Delivery Method:

- Lecture
- Interactive breathing and musical exercises
- Musical performance

Materials Used:

- PA system
- Various instruments
- Projector

Time Break Down (For 60min Speech)

Introduction:	5 mins
Talk about stress and how it affects us:	10 mins
Go over methods on controlling stress:	20 mins
Interactive musical exercise:	15 mins
Conclusion:	5 mins
Musical End:	5 mins

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Example Topic:

“Defining Success”

Message:

We are all individuals and we should come up with our own definitions of success, not try to live up to how others would define it for us.

Desired Outcome:

To show the audience that it’s never too late to find their success, and to have them question what that means.

Delivery Method:

- Lecture
- Musical performance

Materials Used:

- PA system
- Various instruments
- Projector

Time Break Down (For 60min Speech)

Musical Open:	5 mins
Introduction:	5 mins
The Concept:	20 mins
Demonstration:	20 mins
Conclusion:	5 mins
Musical End:	5 mins

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Example Topic:

“The Strength of Community”

Message:

With all of the social media claiming to be connecting us, we have a false sense of community that actually does more to isolate us than bring us together. We need to focus on supporting each other to bring out the best in ourselves and those around us.

Desired Outcome:

To show the audience the importance of supporting their neighbors and receiving that support in return. Instilling the concept that individuals are capable of great things, but communities are made up of many individuals.

Delivery Method:

- Lecture
- Musical performance

Materials Used:

- PA system
- Various instruments
- Projector

Time Break Down (For 60min Speech)

Musical Open:	5 mins
Introduction:	5 mins
The Concept:	40 mins
Conclusion:	5 mins
Musical End:	5 mins

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Example Topic:

“Leaders Lead Leaders:”

Message:

Everyone has it in them to lead. A good leader knows how to inspire their followers to lead others, allowing them all to have a voice and giving them the ability to step up when they are needed.

Desired Outcome:

To show the audience that each and every one of them are leaders, and that they just need to find the situation or people that inspire them to lead.

Delivery Method:

- Lecture
- Musical performance

Materials Used:

- PA system
- Various instruments
- Projector

Time Break Down (For 60min Speech)

Introduction:	5 mins
Stories:	10 mins
Musical leaders	10 mins
Identifying leaders:	20 mins
PowerPoint:	10 mins
Conclusion:	5 mins